05-08-22 FOR THE JOURNEY THIS WEEK

"Our belonging and our believing are gifts from God. We hear God's voice before we respond...We follow because we have been given a path and a Shepherd to guide us on our way. We belong to Christ and to Christ's flock—the Christian community—locally and globally, on earth and in heaven."

- Nicola Vidamour

ô

Questions for Reflection —

- ➤ Through what "dark valleys" have you walked or are you walking in your life? How have you known God's protection and guidance during hard times? What presently seems lacking and/or scarce in your life? What will help you to trust God's comfort and care to sustain you in the face of your needs? How can we as a congregation encourage those who face various challenges to worry less and trust more in God?
- ➤ How have you known Jesus as Shepherd in your life? How do you hear and know Jesus' voice? Where or towards what are you being led by that voice? In what ways does your relationship with Jesus guide your path? What difference does it make to you to belong to Christ's flock that is Christian community?
- ➤ What restores your soul? In what aspects of your life (e.g. spiritual, physical, emotional, relational) are you in need of renewal? What would that renewal look like? What will help you claim time and space for renewal? What does it mean for you to rest in God?

Daily Household Prayer

Gracious God, draw near to us with compassion, touch us with healing, and speak to us with love, so that we may arise and live to spread the good news of your saving power; through Jesus Christ our Lord. Amen.