

02-18-24 FOR THE JOURNEY THIS WEEK

“For Jesus, the forty days in the wilderness were a time to re-align himself to why God had given him life: to claim the right purpose, power, and voice God had given him.

For us, the focus of Lent can create space anew for the light, and life, and love of Jesus to teem in us and through us to our desperately broken world.”

- *Curtis Almquist*



Mark 1:9-15

Questions for Reflection —

- What have been some of your most meaningful past experiences during the season of Lent? What are your intentions for your Lenten journey this year? How will you feed the hunger of your soul? What will help you to deepen your love for and relationship with Jesus? How can you be intentional about finding time to pause for reflection and self-examination? What practices help you to center your heart and mind on God?

- In what ways have you gotten off track from being who God has created you to be? What are those things which draw you away from following God’s Way? What is the change of heart you seek in this Lenten season? What do you need in order to be restored to right relationship with God? How can you realign with God’s purposes? What new beginning do you need?

- Where do you perceive God’s kingdom as being closest to reality in our world? What does it mean for you to proclaim God’s kingdom in your home, workplace, school, and/or neighborhood? How can you share the good news of God’s love and care to those around you? What people or circumstances in your life are in need of God’s love and care? In this Lenten season how might you grow in relationships of love, caring, and service to those whom you encounter?

Daily Household Prayer

God of wilderness and water, your Son was baptized and tempted as we are. Guide us through this season, that we may not avoid struggle, but open ourselves to blessing, through the cleansing depths of repentance and the heaven-rending words of the Spirit. Amen.