

06-22-25 FOR THE JOURNEY THIS WEEK

“God's way of getting through to us is not through the sensational or the bombastic; God, instead, acts in our lives restrainedly and understatedly... We need to take time out from the frenetic pace of our lives and embrace stillness and silence; through them God's word comes to us.”

Richard D. Nelson



1 Kings 19: 1-15a + John 20:19-22

Questions for Reflection —

- What is the chaos and clutter—whether internal in your heart and soul or external in the circumstances of your life and in the world—that disrupts your ability to embrace stillness and silence? What do you need in order to claim time and space for rest and reflection? How are you restoring yourself? What helps you slow the pace?

- When in your life have you known a season of discouragement? What helped you to remember God during those times? In what ways or in what aspects of your life are you presently dealing with weariness, anxiety, busyness, or conflict? In facing those challenges or other uncertainties, what do you need in order to discern God's strengthening guidance?

- How do you listen for God? What gives you clarity about God's call for your life? In what ways does your sense of purpose need to be renewed? What new thing is God presently calling you to embrace? How might we as a congregation cultivate our ability to listen for God's direction and guidance in turning our vision for our future into action? How can we create figurative space for our deep dreaming as we contemplate our future?

Daily Household Prayer

God of truth, from you no secrets are hid. You hear what is on our minds; you know what is deep within us. We long to know your Word, to hear your voice, to feel your presence. We long to know you as you know us. As we wait in your presence now, speak to us— in scripture, in words, in silence, in song. May your whispering voice come to us and touch our hearts. Amen.