07-27-25 FOR THE JOURNEY THIS WEEK

"The complementary functions of Martha and Mary have been little highlighted in conjunction with each other as opposed to in contrast to one another... But at different moments in our vocation, we will find ourselves fulfilling different needs and serving in different ways. The fundamental message is that we are not to be distracted from the ministry at hand, not to lose focus on what is in front of us"

Nicolas Inglesias Schneider

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Luke 10:38-42

Questions for Reflection —

- Is it your natural tendency to be more like Mary or like Martha? Is your personality more suited to contemplation or to action? What effect has this inclination had on your approach to the life of Christian discipleship? What would a balanced approach to contemplation and action/service look like for you? Is seeking such balance important to you? Why or why not?
- What are some of the ways you have lived out the presence of Jesus in your family, your neighborhood and larger community, your workplace or school? To what form(s) of ministry and service in those places might Jesus presently be calling you? What will help you to discern what is most needed right now? What will further strengthen your commitment to service?
- What does it look like for you to spend time at the feet of Jesus? By what are you worried and distracted? What are the responsibilities, distractions, attitudes, and busyness interfering with your ability to spend time with Jesus? What do you need in order to be more fully open to intimacy with Jesus? What will help you be consistent in spending time with God, deepening your devotion?

Daily Household Prayer

Grant us this day, O God, not to be overtaken by anxious thoughts that can make us feel that you are not near. Give us the chance to sit at your feet, that we may feel your real presence and in turn live out that presence within our families, our communities, our jobs, and our schools. Prepare us as we journey as your people, to worship and to obey. Through Jesus Christ our Lord, the image of the invisible God, and the first born of all creation. Amen.