

02-15-26 FOR THE JOURNEY THIS WEEK

“God prepares [God’s] people in the transcendent encounters of our lives to endure the world below, the world of the cross, the world that has the ability to break us and yet is never beyond God’s redemption.”

Maryetta Madeleine Anschutz



Exodus 14:12-18 + Matthew 17:1-2

Questions for Reflection —

- What have been some of the spiritual mountaintop experiences in your life? When have you experienced deep connection with God and/or clarity about God’s call for your life? In what ways have such experiences transformed and empowered you as a follower of Christ? How have you been reoriented and guided into a new way of life? What new perspectives have you obtained through such experiences?

- How have you made the transition from a mountaintop experience back to the realities of daily life? How do you cope with the challenging valleys? What sustains you through difficulty and disappointment? What does it mean to live your faith and follow Jesus when facing difficult real-world situations? How can you more intentionally make room in your life for time apart with God away from the noisiness and distractions?

- What are the main ways you hear God’s voice? What does it mean for you to listen to Jesus? What would it look like to shape your life around God’s Word? What kingdom values guide your daily life? What do you need in order to let the teachings of Jesus take root deep within? What spiritual practice(s) will help you walk in ways of mercy, hope, and justice?

Daily Household Prayer

Holy God, mighty and immortal, You are beyond our knowing, yet we see Your glory in the face of Jesus Christ, whose compassion illumines the world. Transform us into the likeness of the love of Christ, who renewed our humanity so that we may share in His divinity, the same Jesus Christ, our Lord, who live and reigns with You and the Holy Spirit. Amen