

03-01-26 FOR THE JOURNEY THIS WEEK

“Jesus calls for trust from a person who approaches by night, seeking the safety of the shadows. He calls for trust from a person who wants to apply the logic of the flesh to life born of the Spirit. He calls for trust, because trusting him is ultimately at the center of the life that Jesus came to proclaim. In the dark, we have to trust what we cannot see, and that is where new life begins.”

Serena Rice



Psalm 121 + John 3:1-17

Questions for Reflection —

- What does it mean to you that God watches over every moment of your life? What gets in the way of your noticing God’s constant companionship and loving care? What will help you notice God’s presence always with you in the midst of fear and anxiety? What do you need in order to entrust all aspects of your life to God’s care? How will you then embody God’s love and extend compassion to those you encounter? How can we as a congregation reflect God’s love to the community around us?

- What does it mean to be born from above? What has spiritual rebirth looked like in your life? How do you continue to experience the transforming power of Jesus? How might Jesus be inviting you to once more be born anew? What change in attitude or new way of seeing might be required? How will you respond?

- How have you been surprised by the movement of the Holy Spirit in your life or in the life of someone you know? When have you felt the Spirit of God moving in unexpected ways? Where have you seen Spirit-led transformation in the life of our congregation? What will help you to be more open to the movement of the Holy Spirit? How can you be more intentional in seeking the guidance and direction of the Holy Spirit? To what unexpected places might the Spirit be leading you presently?

Daily Household Prayer

Loving God, help us. When we have run away, when we have turned our backs on love, when we have sought immediate satisfaction and not long-term healing, help us.

Merciful God, forgive us. When we have been selfish, when we have been mean, when we have neglected the cries of others, forgive us.

Powerful God, heal us. When we are so broken we cannot move, when we don’t know how to stem the bleeding of our wounds, when we are too ashamed to seek community, heal us.

Give us the courage, the strength, and the hope to accept your grace and embrace your call in Christ. Amen.